

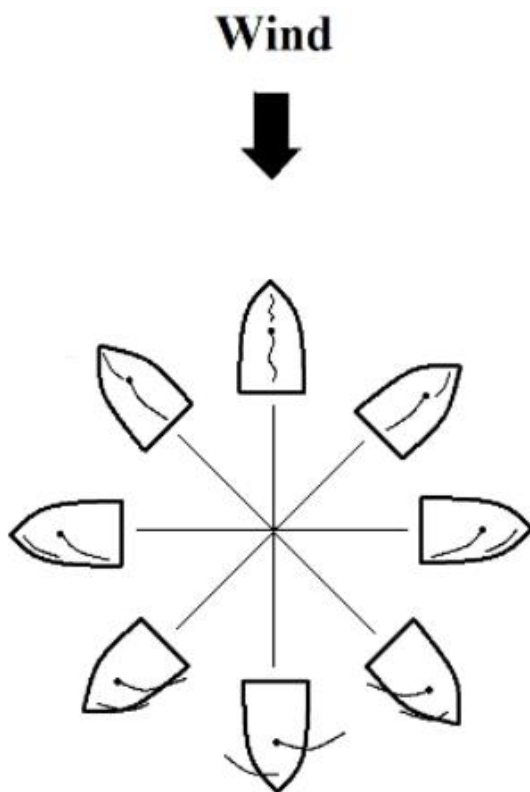
UST SAILING CLASSROOM SESSION 2 WORKSHEET

Lesson objective: Understand how to read the wind on the water and adjust your boat accordingly, know the differences between skipper/crew and what they are each responsible for

Ways that we can tell WHERE the wind is coming from:

-
-
-
-
-

LABEL the points of sail



Definitions

Puffs:

Lulls:

Skipper:

Crew:

Tacking:

Gybing:

Notes on being a Skipper:

Notes on being a Crew: